

Meds to Take/Not to Take DAY OF SURGERY

TAKE

Alpha Beta Blocker

- **Coreg (Carvedilol)**

Beta Blocker

- **Acebutolol (Sectral)**
- **Atenolol (Tenormin)**
- **Betaxolol (Kerlone and Betoptic)**
- **Bisoprolol (Zebeta)**
- **Carteolol (Ocupress)**
- **Esmolol (Brevibloc)**
- **Metoprolol (Lopressor and Toprol)**
- **Nadolol (Corgard)**
- **Nebivolol (Bystolic)**
- **Penbutolol (Levatol)**
- **Pindolol (Visken)**
- **Propranolol (Inderal, Innopran, and Hemangeol)**
- **Sotalol (Betapace, Sotylize, and Sorine)**
- **Timolol (Timoptic, Betimol, Timoptic-xe, and Istalol)**

Calcium Channel Blockers

- **Amlodipine (Norvasc)**

Other Anti-Hypertensives

- **Clonidine (Catapres, Kapvay, Duraclon, and Nexiclon)**

Other

- **Long acting opioids**
- **Leave on Fentanyl patch**
- **Cardiac medication (e.g., Digoxin, Amiodarone)**
- **Oral anti-convulsants**
- **H₂ antagonists (e.g., Pepcid AC, Zantac, Tagamet)**
- **Proton pump inhibitors (e.g., Prilosec, Protonix)**
- **Thyroid medication**
- **Inhalers, nebulizers**
- **Anti-anxiety medication**
- **Anti-rejection medication**
- **Glucocorticoids (e.g., Prednisone)**
- **Statins**
- **Oral birth control pills**

NOT TO TAKE

ACE Inhibitors

- Benazepril (Lotensin)
- Captopril (Capoten)
- Enalapril (Vasotec)
- Fosinopril (Monopril)
- Lisinopril (Prinivil and Zestril)
- Moexipril (Univasc)
- Perindopril (Aceon)
- Quinapril (Accupril)
- Ramipril (Altace)
- Trandolapril (Mavik)

ARBS

- Losartan (Cozaar)
- Valsartan (Diovan)
- Irbesartan (Avapro)
- Candesartan (Atacand)

Diabetic Medications

- Insulin (unless directed by surgeon)
- Glyburide (Micronase, DiaBeta, and Glynase)
- Glipizide (Glucotrol)
- Glimepiride (Amaryl)
- Metformin (Glumetza, Glucophage, Riomet, and Fortamet)
- Non-Insulin injectables (e.g., Exenatide, Byetta, Victoza)

Diuretics

- May take HCTZ the DAY BEFORE surgery
- TAKE diuretic if prescribed for intracranial hypertension (pseudotumor cerebri) or in combination pill with med from TAKE list.

MAO Inhibitors

- Isocarboxazid (Marplan)
- Phenelzine (Nardil)
- Tranylcypromine (Parnate)

Herbal Medication

∑ NO herbal medications should be taken within 1 WEEK of surgery

BRING INHALERS AND CPAP/BiPAP/AutoPAP TO HOSPITAL DAY OF SURGERY.

If you have ANY questions about this list, please ask your surgical team for clarification.